

# **The reflection of architecture in the physical body of the human being**

An approach to consciously experiencing architectural qualities through unbiased observation

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## **Space - Sensation - Design. Impressions of a weekend seminar on spatial experience**

In architecture, there is a mysterious overlapping of space, sensations and consciousness. Spaces can create moods in us through their design and atmosphere and steer our consciousness in a certain direction. This is a mysterious phenomenon, because the spatial is actually something invisible. How is this possible and what triggers such sensations? Most of the time it happens largely unconsciously, but is it possible to make such sensations conscious and how do you do that?